



Laura, our resident educator, with her son in the studio.



What works **online**, and what still needs to be in person.

For families who already hold an NDIS plan and cannot get a local speech pathology appointment. Online sessions (telehealth) run on Brisbane time, Tuesday to Thursday. The east coast is an hour ahead in summer.

— What works well online?



Language, and the foundations for school

Understanding, finding words and building sentences.



Social communication

Joining in, keeping up with the group and staying in it.



Voice

A voice that is hoarse, tired or quiet. It travels well by video.



Early language work with three and four year olds

We coach you beside your child, with the toys you have.



Stuttering programs

Trial evidence supports online stuttering programs.



Coaching with a device the family already has

Making a device part of daily life works well on a screen.

— What still needs to be in person?



Swallowing

Assessing how someone swallows needs hands-on observation.



A first communication-device assessment

Hands-on, and led by our senior clinician.

— What does a session look like?

A laptop on the kitchen table, you beside your child, the speech pathologist's face on the screen and the activity between you.

— What about the time difference?

Sessions run on Brisbane time



Western Australia is two hours behind. The Northern Territory is half an hour behind all year. South Australia is half an hour behind in winter and half an hour ahead in summer.

What does it cost and who pays? This guide is for people who already have an NDIS plan, **plan-managed or self-managed**. NDIS funding may cover speech pathology where it aligns with the participant's goals and approved plan. Not all NDIS plans include speech pathology supports. We are not NDIS-registered. \$193.99 an hour, the NDIS price limit. Check your plan, and take your time.

— How do I start?

Fiona Wright, speech pathologist, works Tuesday to Thursday. Her books open **Tuesday 10 November 2026**.

1

Book a free NDIS consult with Liz, our NDIS specialist, on the page below or scan the code. She checks what the plan can fund and matches the times.

2

Or book a free clinical consult with Haylee, our senior speech pathologist, to talk through your child's situation first. Nothing is booked until you say so.

Liz, our NDIS specialist

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speech.thecenteredspace.au/gold-coast?a=online-plan



Sources: Carey and colleagues (2010); Lewis and colleagues (2008).